

Basics of Free Motion Quilting  
With Award Winning Quilter Sylvia Schaefer  
Saturday, August 22, 2015  
9:30 am – 1:00 pm  
Lyndon House Fiber Studio

Supplies

Sewing machine:

Sewing machine in good working order

Extension table (the largest you own)

Free-motion quilting or darning foot (open toe is preferable)

Extension cord

Tools:

Quilt marking tools (e.g. water soluble marker, pencil, chalk)

Lightweight cotton gloves (such as Machingers)

Thread (a medium weight, such as 50-weight Aurifil is a good choice)

Topstitch needles (90/14 size is the best all-around choice)

Fabric:

Ahead of time, please make a minimum of 6 practice quilt sandwiches (about 12" square) using solid or SUBTLY patterned fabric on the front and the back (so you'll be able to see your quilting) and a layer of batting in the middle. You can use muslin if you don't want to delve into your stash. You may use whichever basting method you prefer (I usually spray-baste large quilts and pin-baste small quilts).

Miscellaneous:

Pad of paper and pens or pencils

